

For the health and safety of our staff & patients, Connect Physical Therapy is adopting the following office policy effective 10/18/22. Masks are recommended, but not required without known symptoms or exposure. Otherwise the following guidelines should be followed:

- **Tested POSITIVE for COVID:**
 - Remain out of the office for at least 5 days
 - Able to attend after 5 days if symptom free and fever free without use of medication
 - Wear a high quality mask through day 10

- **Exposed to COVID regardless of Vaccination Status:**
 - Wear a high quality mask through day 10
 - Test on day 5

- **If you are sick, but have not tested or do not yet have COVID test results:**
 - Follow same guidelines as if Positive for COVID until you have a negative test

- **If you are sick, but have tested negative for COVID:**
 - Follow same guidelines as if Positive for COVID to prevent spread of colds and Flu